

**August 17... "How to Know You Have the Holy Spirit" Romans 8:1-11  
ICEBREAKER: Do you have a keepsake that has special meaning?**

**Explain.** (Keepsakes often provide memories through evidence that there was once a special person, place or thing. What is the evidence of the Holy Spirit's presence in a believer's life. Do I have the indwelling Holy Spirit in my life?)

**Romans 8**

**8:1** Therefore there is now no condemnation for those who are in Christ Jesus. **8:2** For the law of the Spirit of life in Christ Jesus has set you free from the law of sin and of death. **8:3** For what the Law could not do, weak as it was through the flesh, God did: sending His own Son in the likeness of sinful flesh and as an offering for sin, He condemned sin in the flesh, **8:4** so that the requirement of the Law might be fulfilled in us, who do not walk according to the flesh but according to the Spirit. **8:5** For those who are according to the flesh set their minds on the things of the flesh, but those who are according to the Spirit, the things of the Spirit. **8:6** For the mind set on the flesh is death, but the mind set on the Spirit is life and peace, **8:7** because the mind set on the flesh is hostile toward God; for it does not subject itself to the law of God, for it is not even able to do so, **8:8** and those who are in the flesh cannot please God. **8:9** However, you are not in the flesh but in the Spirit, if indeed the Spirit of God dwells in you. But if anyone does not have the Spirit of Christ, he does not belong to Him. **8:10** If Christ is in you, though the body is dead because of sin, yet the spirit is alive because of righteousness. **8:11** But if the Spirit of Him who raised Jesus from the dead dwells in you, He who raised Christ Jesus from the dead will also give life to your mortal bodies through His Spirit who dwells in you.

*(Though the sin nature is dead and is no longer in existence within a believer, the flesh continues the old habits. A believer's yielding to God's Holy Spirit is the evident that the Spirit indwells. If one does not have the Holy Spirit, one is not a born again believer.)*

V 1-4. Why is there no condemnation for those who are in Christ Jesus? What does this mean practically? *(We are free from Religion – the striving to be right with God, and we are free, free to have relationship with the Creator of the universe, this requires yielding ourselves to Him and His purpose. It is the spirit of the life of Christ that we now have which is an infinitely better relationship than that of our sinful flesh. Practically, we don't have to live in an unsure or paranoid state of being – we are free to be who God made us to be.)*

V 5-11. What are the 2 kinds of people described here? *(Carnal vs. Spiritual)*

- What does each think and talk about? *(Think about ways in which conversations move towards eternal or temporal things. What do people spend time on – Entertainment? Gossip? Worry about the news? Materialism? Politics? Economics? Religion?)*

- What is the outcome of each lifestyle? *(People often pursue those things that are important to them. As we pursue these things we are often drawn in more and more as we give credence and time to that thing. In the flesh we strive after vanity and produce little spiritual fruit for God's Kingdom and the world is worse off for it. Living our lives while having the mind of Christ produce things that are of eternal value.)*

V 8-11. How is it that believing the death and resurrection of Jesus makes you a spiritual person? *(Verse 11 says that the Spirit will give life to our mortal bodies – now, and also into eternity. Look for some of the differences that knowing this has made in your life.)*