

August 10... "Why Did I Do That?" Romans 7:14-25

ICEBREAKER: Can you share a "Why did I do that" moment in your life?

(Read Passage)

Romans 7

14 For we know that the law is spiritual: but I am of flesh, sold into bondage of sin. 15 For what I am doing I do not understand; for I am not practicing what I would like to do, but I am doing the very thing that I hate. 16 But if I do the very thing I do not want to do, I agree with the law, confessing that the law is good. 17 So now no longer am I the one doing it, but sin which swells within me 18 For I know that nothing good dwells in me, that is, in my flesh; for the willing is present in me, but the doing of the good is not. 19 For the good that I want I do not do: but I practice the very evil that I do not want. 20 But if I am doing the very thing that I do not want, I am no longer the one doing it, but sin which dwells within me. 21 I find then the principle that evil is present within me, the one who wants to do good. 22 For I joyfully concur with the law of God in the inner man, 23 but I see a different law in the members of my body, waging war against the law of my mind and making me a prisoner of the law of sin which is in my members. 24 Wretched man that I am! Who will set me free from the body of this death? 25 Thanks be to God through Jesus Christ our Lord! So then, on one hand I myself with my mind am serving the law of God, but on the other, with my flesh the law of sin.

There are four laments in this passage, can you identify them? (v14-17 / v18-20 / v21-23 / v24, v25)

Before we were redeemed, how did sin control our whole person – what's different now?

Read Galatians 4:9 – The above passage speaks of understanding, knowing, and our minds. What does knowledge have to do with the aspect of relationship in this verse?

Do you take time out to regularly evaluate sin in your life? Do you ever ask others to do this for you?